

Brain Power

Todd Sampson is the writer, host and human guinea pig of the award-winning Discovery Science Series called REDESIGN MY BRAIN. The premise of the series was simple. For over 70 years, science has told us that our brains are fixed.

You are born with the brain you have, it develops rapidly until age 7 and then it starts a steady decline from age 30 until you die. There was nothing you could do about it. But science has now proven that to be false. In fact, modern science has now shown that our brain is plastic and that we ALL have the ability to improve it at any age and at any time. This presentation will show you how to boost your Creativity and Brain Power.

Todd will not only take you behind the scenes of this extraordinary scientific journey, he will also provide you with the practical tools, strategies and techniques to improve your brain. We are all capable of more than we realise ... and modern science is showing us how.